

Toasted Onion Flavored Soup with Croutons in powder

Instant high protein mix supplement.

Weight of 1 sachet/one portion: 26,5 g.

Total weight: 185,5 g (7 sachets).

Ingredients: Milk proteins; **soy** protein isolate; flavors; croutons (6%) (**wheat** flour, palm oil and palm olein, rice flour, salt, yeast, gum arabic); onion powder (3,6%); salt; dehydrated onions (1,6%); hydrolysed vegetable protein; thickeners: guar gum, xanthan gum, sodium alginate; leek extract; methionine; **celery** powder; anti-caking agent: silicon dioxide; spices; yeast extract; color: caramel.

Allergens: Milk, soy, gluten and celery. Manufactured on equipment that processes egg and sulfites.

Instructions for preparation: Empty one packet into a bowl. Add slowly 200 to 230 ml of hot but not boiling water and stir a few seconds until well dissolve with a whisk. Add salt and/or pepper and consume in the 10 followings minutes.

Caution: Because of content of gluten the product is not suitable for people on gluten-free diet. Do not use as sole source of nutrition. Drink plenty of liquid (1,5 l per day at least). Not suitable for children, pregnant and breast-feeding women. If consumed as part of energy restricted diet, follow recommendations of an expert for nutrition. Do not exceed recommended daily allowance.

Lot number, shelf life: Stated on a sachet.

Storage: Store in the original container in a cool and dry place. Make sure that the bag or container is properly closed.

Made in France.

AVERAGE NUTRITION VALUES:

| Energy values | 100 g | 1 portion - 26,5 g |
|------------------------------------|---------------|--------------------|
| kJ | 1427 | 378 |
| kcal | 337 | 89 |
| Nutrition facts | | |
| Fat (g) | 3,0 | 0,8 |
| of which saturated fatty acids (g) | 1,4 | 0,4 |
| Carbohydrates (g) | 8,5 | 2,25 |
| of which sugars (g) | 2,1 | 0,6 |
| of which starch (g) | 6,4 | 1,65 |
| Fibers (g) | 1,9 | 0,5 |
| Proteins (g) | 68,0 | 18,0 |
| Salt (g) | 6,75 (1,00**) | 1,79 |
| Calcium (mg) | 800 | 212 (26 %*) |

(*) Nutrient Reference Values.

(**) Maximal contents for 100 g of product ready to use.