

Chocolate Caramel Flavored Muesli

Muesli rich in protein, with sugars and sweetener.

Weight of 1 sachet/one portion: 30 g

Total weight: 210 g (7 sachets)

Ingredients: Oats flakes; protein blend (**soy** protein, **milk** protein); sugar; chocolate flavoured cookie pieces (**wheat** flour; sugar; palm oil; cocoa; corn flour; salt; glucose; acidity correcting agent: sodium bicarbonate; emulsifier: soy lecithin); brown sugar; canola oil; **pecans**; cocoa; flavours; fructooligosaccharides; sweetener: sucralose.

Allergens: Gluten, soy, milk, nuts and sulfites.

Instructions for preparation: Empty content of one packet into a bowl and mix with 150ml of skim milk. Consume in the 10 following minutes.

Caution: Because of content of gluten the product is not suitable for people on gluten-free diet. Do not use as sole source of nutrition. Drink plenty of liquid (1,5l per day at least). Not suitable for children, pregnant and breast-feeding women. If consumed as part of energy restricted diet, follow recommendations of an expert for nutrition. Do not exceed recommended daily allowance.

Lot number, shelf life: Stated on a sachet.

Storage: Store in the original container in a cool and dry place. Make sure that the bag or container is properly closed.

Made in Canada.

AVERAGE NUTRITION VALUES:

Energy values	100 g	1 portion (30 g)	1 portion + 150 ml skim milk
kJ	1696	511	716
kcal	403	121	170
Nutrition facts			
Fat(g)	9,9	3,0	3,2
of which saturated fatty acids (g)	1,7	0,51	0,64
Carbohydrates (g)	38,9	11,7	19,4
of which sugars (g)	18,5	5,6	12,3
of which starch (g)	20,4	6,1	7,1
Fibers (g)	5,8	1,7	1,6
Proteins (g)	36,6	11,0	15,0
Salt (g)	0,90	0,27	0,47
Calcium (mg)	50	15	200 (25 %*)
Potassium (mg)	340	102	350 (17 %*)
(*) Nutrient Reference Values			