

## Chocolate Flavored Hot Drink in powder

### Instant high protein mix supplement, with sweetener

**Weight of 1 sachet/one portion:** 26,5 g

**Total weight:** 185,5 g (7 sachets)

**Ingredients:** Milk proteins; cocoa powder (**soy** lecithin) (18,5%); dried skimmed **milk**; salt; emulsifier: diglycerids, lecithin; flavours; sweetener: aspartam (contains a source of phenylalanine); methionine; anti-caking agent: silicium dioxide.

**Allergens:** **Milk, soy and gluten.** Manufactured on equipment that processes celery, eggs and sulfites.

**Instructions for preparation:** Empty one packet into a bowl. Add slowly 220 ml of cold water while stirring with a whisk until well dissolve. Simmer in a saucepan until the wished temperature and without bring to the boil, or cook the mix in a micro wave oven at maximum heat for 1 minute. Serve in a big coffee cup and consume in the 10 followings minutes.

**Caution:** Because of content of phenylalanine the product is not suitable for people with phenylketonuria. Because of content of gluten the product is not suitable for people on gluten-free diet. Do not use as sole source of nutrition. Drink plenty of liquid (1,5 l per day at least). Not suitable for children, pregnant and breast-feeding women. If consumed as part of energy restricted diet, follow

recommendations of an expert for nutrition. Do not exceed recommended daily allowance.

**Lot number, shelf life:** Stated on a sachet.

**Storage:** Store in the original container in a cool and dry place. Make sure that the bag or container is properly closed.

**Made in France.**

#### AVERAGE NUTRITION VALUES:

Energy values	100 g	1 Portion - 26,5 g
kJ	1558	412
kcal	369	97
<b>Nutrition facts</b>		
Fat (g)	5,3	1,4
of which saturated fatty acids (g)	3,0	0,8
Carbohydrates (g)	10,0	2,6
of which sugars (g)	4,5	1,2
of which starch (g)	5,5	1,4
Fibers (g)	4,5	1,2
Proteins (g)	68,0	18,0
Salt (g)	2,50 (0,30**)	0,66
Calcium (mg)	950	252 (31 %*)

(\*) Nutrient Reference Values.

(\*\*) Maximal contents for 100 g of product ready to use.